

NEW TO CBG?

What to know:



1

Entourage Effect

As with other cannabinoids, users report an "entourage effect," or an overall improved experience when combining CBG with other cannabinoids (like CBD or THC),

Like all the instruments coming together for the climax of your favorite song!

Non-Intoxicating, But Uplifting

2

CBG is a non-intoxicating cannabinoid, which means it won't get you high, but you can still experience changes to your mood. For instance, user reports and animal studies tell us that CBG is helpful in easing depression symptoms.

<https://www.sciencedirect.com/topics/neuroscience/cannabigerol>



3

Brain Protection

CBG has been suggested to have neuroprotective effects, and can even assist in the treatment of neurodegenerative diseases such as Huntington's disease and ALS.

<https://jpet.aspetjournals.org/content/376/2/204>



Pain Management & Relief

4

Users have reported that CBG is excellent for pain management and relieving muscle tension. Combined with CBD, it can be even more effective.

Here's a study that suggests CBG regulates the release of GABA, a neurotransmitter that calms pain.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2503660/>



5

Set & Setting

CBG can be a great addition to your cannabis lifestyle. Self-titration and intentional cannabis use is encouraged. Set up a calming environment, take some deep breaths, and enjoy being in this moment in time with CBG.

